The Haka

According to legend, the haka was derived from the sun of god, Ra. He had two wives: Hine-raumati, who was the essence of summer, and Hine-takurua, the essence of winter.

Ra and Hine-raumati lay together and gave birth to a son called Tanerore. On hot, shimmery summer days it is possible to see the the light dancing. Legend has it that this is Hine-raumati's son, Tanerore, performing for his mother and the wiriwiri or trembling shimmer is today reflected in the trembling of the haka performer's hands.

All Black Haka

Ka Mate! Ka Mate!
Ka Ora! Ka Ora!
Ka Mate! Ka Mate!
Ka Ora! Ka Ora!
Tenei te ta ngata puhuru huru
Nana nei i tiki mai
Whakawhiti te ra
A upane ka upane!
A upane kaupane whiti te ra!
Hi!

It is death! It is death!
It is life! It is life!
This is the hairy person
Who caused the sun to shine
Keep abreast! Keep abreast
The rank! Hold fast!
Into the sun that shines!



Translation courtesy New Zealand Rugby Museum.

