

BELIZE CITY, BELIZE

AERIAL TREK & CAVE TUBING – BZE429

Approx. Duration: 7 ½ hours Level 2/Meal/Age/ Weight

Start with a zip line tour featuring an intricate harness system of pulleys on horizontal traverse cables, that lets you swing 100 to 124 feet between platforms located 70 feet high in the trees at canopy level. The next two hours are spent flying through the forest with the birds. Your next adventure is cave tubing. Be prepared for a 45-minute hike down a jungle trail to the underground cave system. After your guide distributes headlamps, you jump in for a leisurely float in an inner tube, with the gentle currents taking you through the cave system. Intricate crystalline formations line the cave, including the majestic rise and fall of stalagmites and stalactites. **Note: Participants must be at least 12 years of age and weigh no more than 350 lbs. Wear your bathing suit, tennis shoes (which will get wet) or water shoes, and bring a towel. Insect repellent is recommended. The cave system and its waterways may cause claustrophobia in a very small percentage of guests. Not recommended for pregnant women. Lunch is included.**

CAVE TUBING & JUNGLE TREK – BZE403

Approximate Duration: 6 hours Level 2/Meal/Age

A tender transfer to Belize City and a journey 37 miles up the Western Highway brings you to the Caves Branch River and its winding path through the Maya Mountains. Upon arriving at Jaguar Paw, get ready for an approximately 45-minute hike down a jungle trail. Your guide will distribute headlamps and you are ready to float in an inner tube through the cave system. Intricate crystalline formations line the cave, and the majestic stalagmites and stalactites add to the serene opulence of nature. **Note: Participants must be at least 12 years of age and able to swim. The cave system and its waterways may cause claustrophobia in a very small percentage of guests. Wear suitable footwear for muddy, wet trails. Bring your bathing suit and insect repellent. Lunch is included.**

BARRIER REEF SNORKELING & BEACH – BZE425

Approximate Duration: 3 ½ hours

Level 2

Board a 65-foot, high-speed catamaran and sail 16 miles east through the barrier reef across the channel, where you'll enter an undersea world featuring a variety of corals. These coral formations are teeming with schools of colorful tropical fish. After snorkeling, enjoy some rum punch during the short trip to a white-sand island where you will be able to sunbathe, kayak or enjoy the beach floats. **Note: We recommend you bring a towel. This tour is not recommended for pregnant women, guests with back or neck injuries, heart conditions, asthma or any other pre-existing or recurring medical conditions.**

AIRBOAT ADVENTURE & BELIZE CITY – BZE420

Approximate Duration: 2 ½ hours

Level 1/Age/ Weight

Enjoy a narrated city tour highlighting the history of Belize from its founding by shipwrecked British sailors in 1683. Pass St. John's Cathedral, the Prime Minister's residence and other interesting sites. Outside of the city, under a Mayan thatched palapa longhouse, you will receive a short orientation and safety briefing before boarding a 450-hp airboat. Travel via waterway to the beautiful Almond Hill Lagoon towards the manatee grazing grounds. Upon reaching your destination, you will quietly drift, keeping a lookout for the docile manatees in the area. See beautiful water lilies, many colors and varieties of wading birds, turtles and maybe even a crocodile. **Note: Participants must be at least 5 years of age and weigh no more than 290 lbs.**

LOST WORLD CANOPY & RAPPELLING – BZE424

Approx. Duration: 5 ½ hours

Level 2/Meal/Age/Weight

Enter a cavernous tunnel which leads to a prehistoric rainforest encircled by crevassed rock walls more than 100 feet tall, for your tour of the Lost World Cave. Your professionally trained guides will outfit and provide you with a detailed safety briefing. Soar from platform to platform each 105-500 feet apart, above the floor of the densely populated forest. Each platform is perched on the inside face of the crater. Your last traverse takes you to a rock shelf protruding from the side of the large tunnel-like entrance to the cave, ending with a rappel to the floor. **Note: Participants must be at least 8 years of age and weigh no more than 250 lbs. Wear comfortable clothing that you do not mind getting a little dirty. Closed-toe shoes are recommended, although strap-on sandals are acceptable. We recommend you bring insect repellent, sunscreen and a small backpack. This tour is not recommended for pregnant women. Lunch is included.**

ALTUN HA MAYAN RUINS & BELIZE CITY – BZE402

Approximate Duration: 4 ½ hours

Level 2

This fascinating tour will focus on the contrast between the ancient Maya city of Altun Ha and modern day Belize City, highlighting 1,000 years of development within this former British Colony. Altun Ha (Mayan for "Rock Stone Water") thrived as a trading post to the Mayan world during the Classic and Post Classic periods. The site was made world-famous by Dr. David Pendergast of the Royal Ontario Museum upon his discovery of the world's largest carved Jade Head, depicting the sun god Kinich Ahau. **Note: The Belize City tour portion is conducted on a bus without stops.**

BELIKIN BEER & THE CITY – BZE419

Approximate Duration: 4 hours

Level 1/Age

Following your Belize City tour, you will travel 10 miles up the Northern Highway to Ladyville Village, to the production center of the world-famous Belikin beer. Tour this great beer-making facility and then enjoy all the ice-cold beer you can drink, along with snacks. Then it's back to Belize City for shopping before boarding the tender back to your ship. **Note: Participants must be at least 18 years of age.**

LAMANAI & THE NEW RIVER SAFARI – BZE408

Approximate Duration: 7 ½ hours

Level 2/Meal

An approximately 45-minute drive up the Northern Highway brings you to Tower Hill, where you'll board a riverboat and head up the New River. While navigating the many little creeks and lagoons, it is easy to encounter hawks, kites and falcons. Dainty Jacanas lightly walk on the lily pads while the crocodiles bask in the sunlight. At the entrance to the New River Lagoon, the ruins of Lamanai (Mayan for "submerged crocodile") rise into view. As you tour the site, huge masks depicting dead rulers and gods seem to materialize out of the rainforest, amid the chatter of birds and the haunting call of the howler monkeys. **Note: Lunch is included.**

ISLAND BEACH BREAK – BZE421

Approximate Duration: 4 hours

Level 1

What's better than relaxing, working on your tan, or swimming at the beautiful secluded beach? Board your tender for a short voyage to the island. Once at the beach it is time for some sun and fun, swimming, just relaxing under a coconut tree or watching or participating in a game of beach volleyball. The swimming area is supervised by a lifeguard and there is also a child play area. **Note: Complimentary use of volley ball, Frisbees and catch ball are included. All other activities such as snorkeling, kayaking, paddle boats and power boats are for an additional charge. We recommend you bring your credit card and cash for rentals and the restaurant.**