

Stanley

06:00	Coffee, tea & pastries are available in the Compass Club
07:00 – 08:30	Breakfast is available in the Polaris Restaurant
Approx 8:30	We hope to disembark in Stanley Disembarkation Sequence: <ol style="list-style-type: none">1. Gypsy Cove Group 12. Nature Walk Groups 1 & 23. Stanley Highlights Tour4. Gypsy Cove Group 25. All Other Guests looking to explore Stanley
	ALL TOURS start outside the Information Centre Gypsy Cove Group 1: 9:15 please meet with Fabrice Nature Walk Group 1: 09:15 please meet with Jen Stanley Highlights: 09:30 please meet with Ethan Nature Walk Group 2: 09:45 please meet with Stefano Gypsy Cove Group 2: 10:00 please meet with Paola
12:00	Shuttles will begin back to the ship from the information centre
12:30	Lunch is available in the Polaris Restaurant for those who have asked to dine on board
14:00	Last Zodiac to the Ship
14:30-15:30	A Hearty Afternoon Tea is served in the Aurora Lounge
16:00	Presentation: 'Invasive Species: A Cautionary Tale from Islands Near and Far' with your expert in residence Sandra in the Nautilus Lounge
17:00	Flow & Restore Yoga with your wellness guide Elly in the Meridian Lounge
18:30	Join the Expedition Team for a Recap & Briefing in the Nautilus Lounge
19:30 – 21:00	Dinner is served in the Polaris Restaurant
21:30	Please join us for Pete's informal bar talk 'Everest: To the Top of the World and Back' in the Nautilus Lounge

Gift Shop Hours: 14:30-16:00, 17:00-18:30

Sauna Hours: 06:00-09:00, 11:00-14:00, 17:00-23:00 (mixed)

Reception (Deck 5): Phone 5000 **Emergency:** Phone 1000 **Doctor:** contact Reception or Quark Staff