

## At Sea to South Georgia

"If there is magic on this planet, it is contained in the water... its substance reaches everywhere; it touches the past and prepares the future."

## -Lorne Eisley

07:00	Early morning coffee, tea and pastries are available in the Compass Club
08:00 – 09:30	Breakfast is served in the Polaris Restaurant
09:30	Presentation: <b>'Elephant &amp; Fur Seals: Clash of the Titans'</b> with your marine biologist <b>Jimmy</b> in the Nautilus Lounge
Photo Journal Collection Assistance	
Staff will be around to assist you from 10:30-11:30 in the Photo Journal Area on Deck 5 beside Reception	
11:30	Presentation: <b>'The World of Seabirds Part I: Biogeography &amp; Adaptations'</b> with your ornithologist <b>Fabrice</b> in the Nautilus Lounge
12:30 - 14:00	Lunch is served in the Polaris Restaurant
14:30	Documentary: <b>'20<sup>th</sup> Century Battlefields: 1982 Falklands'</b> in the Nautilus Lounge
15:00	<b>Introduction to the Stand-up-Paddleboard Program</b> with your guide Jimmy in the Meridian Lounge. This is a mandatory meeting for anyone who has booked in advance, or is interested in signing up for the program. There is space available!
15:00-17:00	<b>Wildlife Watch</b> - We invite you to use this time to join us on the outer decks & bridge as we scout for wildlife!
16:00	Afternoon Tea is served in the Aurora Lounge
17:00	Presentation <b>: 'South Georgia: A Geographic Overview'</b> with your glaciologist <b>Cam</b> in the Nautilus Lounge
18:00	Flow Yoga with Elly in the Meridian Lounge
19:00	Join the Expedition Team for a Recap & Briefing in the Nautilus Lounge
19:30 – 21:00	Dinner is served in the Polaris Restaurant
21:30	Come Join <b>Sharon</b> in the Nautilus Lounge for a casual bar talk about the <b>'Summer in South</b> <b>Georgia'</b> she spent working at the Grytviken Museum
GIFT SHOP HOURS: 10:30 – 11:30 16:00-17:00 18:00-19:00	

SAUNA HOURS: 06:00-12:00 14:00-19:00 21:00-23:00 mixed