

At Sea to South Georgia

TIME CHANGE: 1 hour ahead

We will be moving forward an hour from GMT-3 to GMT-2. Please be sure to change your clocks!

07:00	Early morning coffee, tea and pastries are available in the Compass Club
07:30 – 09:00	Breakfast is served in the Polaris Restaurant
09:00	Mandatory South Georgia Briefing with Shane in the Nautilus Lounge. <i>Please arrive on time, as we will be taking attendance at the door.</i> This presentation will be followed by biosecurity checks, which include gear cleaning and signing a South Georgia declaration. Please listen for announcements , and we will call you in groups to bring your gear to the Nautilus Lounge. <i>Remember that all outerwear that has been worn before (including your yellow parkas and Muck Boots if you wore them in Stanley) will need to be inspected and cleaned. This includes all backpacks, waterproof pants, hats, gloves, boots, camera bags, tripods and walking poles.</i>
11:30	Presentation: ‘... And the South Sandwich Islands ’ a tour of lesser known islands in the Southern Ocean with your expert in residence Tom in the Nautilus Lounge
12:30 – 14:00	Lunch is served in the Polaris Restaurant
14:00	Flow Yoga with Elly in the Meridian Lounge
15:00	Presentation: ‘ A Short History of South Georgia ’ with your historian David in the Nautilus Lounge
16:00	Afternoon Tea is served in the Aurora Lounge
16:00	Flow Yoga with Elly in the Meridian Lounge
Photo Journal Collection Assistance	
Staff will be around to assist you from 16:00-17:00 in the Photo Journal Area on Deck 5 beside Reception	
17:00	Photography Workshop: Strategies & Creative Concepts for South Georgia & Antarctica with photography guide Dave in the Aurora Lounge. Please bring your camera!
18:00	Stand Up Paddleboarders in Group A Please meet your guide Jimmy in the Mudroom for your gear fitting
18:30	Stand Up Paddleboarders in Group B Please meet your guide Jimmy in the Mudroom for your gear fitting
19:00	Join the Expedition Team for a Recap & Briefing in the Nautilus Lounge
19:30 – 21:00	Dinner is served in the Polaris Restaurant
21:30	Come Join Cam Walker in the Nautilus Lounge for a casual bar talk about ‘ 12 Months on the Great Green Sponge ’ about his time doing pest eradication on a sub-Antarctic island

GIFT SHOP HOURS: 10:00 – 11:30 14:00-15:00 17:00-18:00

SAUNA HOURS: 06:00-12:00 14:00-19:00 21:00-23:00 mixed

Reception (Deck 5): Phone 5000 **Emergency:** Phone 1000 **Doctor:** contact Reception or Quark Staff