

Kinnes Cove & Brown Bluff

“The ice was here, the ice was there,
The ice was all around :
It cracked and growled, and roared and howled,
Like noises in a swound !”

- Samuel Taylor Coleridge, *The Rime of the Ancient Mariner*

06:00	Early morning coffee, tea and pastries are available in the Compass Club
06:45	Morning Flow Yoga with Elly in the Meridian Lounge
07:00 – 08:30	Breakfast is served in the Polaris Restaurant
TBA	We hope to zodiac cruise in Kinnes Cove Kinnes Cove lies across the channel leading into Antarctic Sound from the Esperanza (Hope Bay) Research station. Kinnes Cove was named for the Scottish whaling company owner, Robert Kinnes of Dundee, who sent an expedition south in 1892. We will be able to view an Adélie penguin colony from our zodiacs. Disembarkation Sequence: 1) Whale 2) Albatross 3) Penguin 4) Seal
12:00	Lunch is served in the Polaris Restaurant
TBA	We hope to land & zodiac cruise at Brown Bluff Brown Bluff lies 14.5 km (9 mi) south of Hope Bay, on the eastern side of Tabarin Peninsula. The 745 m (2,225 ft) bluff is an exposed section of a glacial volcano, embedded with lava bombs. Adélie and gentoo penguin colonies are present on the beach. The scenery at this site is stunning, ranging from a nearby glacier face to nunataks further inland on the Antarctic continent. Disembarkation Sequence: 1) Albatross 2) Penguin 3) Seal 4) Whale
TBA	Join the Expedition Team for a Recap & Briefing in the Nautilus Lounge
19:30– 21:00	Dinner is served in the Polaris Restaurant
21:30	Come join us in the Nautilus Lounge for ‘Surf the Ganges’ a causal evening talk with Ryan S about his pilgrimage paddling down the Ganges.

The Gift Shop will be open between excursions throughout the day.

SAUNA HOURS: 06:00-09:00 11:00-14:00 17:00-23:00 mixed

Reception (Deck 5): Phone 5000 **Emergency:** Phone 1000 **Doctor:** contact Reception or Quark Staff