

POSITION:

WELLNESS GUIDE

NATIONALITY:

CANADIAN



ELLY MACDONALD

Growing up on the shores of Lake Erie, Canada, gave Elly an appreciation for water and earth at an early age. She has ventured to many places around the world, expanding her knowledge and experiences with many cultures.

Elly's passion and main source of connection is yoga. She has been teaching and studying different styles and levels of this practice for 15 years, giving her a greater awareness of presence and gratitude. She also has a keen interest in various healing modalities and wellness, and plans to share her energy and excitement with all she encounters. Toronto, Canada, is her home base, where she is continually learning from all her students and looking for the next adventure!